

# Consent Form for ART SOZO Sessions

Policy Document for Sharon Mackenzie – ABN: 64 980 520 433

## Introduction

This policy outlines the framework and guidelines for the delivery of ART SOZO sessions as part of Spirit Led Counselling services provided by **Sharon Mackenzie, ABN: 64 980 520 433**. ART SOZO is a creative, prayer-based approach designed to facilitate personal healing, emotional wellbeing, and spiritual growth in a safe and supportive environment.

### 1. Scope of Services

Spirit Led Counselling services incorporate ART SOZO techniques, including guided art exercises, prayer, and intuitive reflection. These services are suitable for individuals seeking personal development, emotional healing, and spiritual insight.

### 2. Client Eligibility

Services are available to adults (18+) and minors (with parental/guardian consent). Clients must complete an intake form and agree to the terms and conditions prior to participation.

### 3. Confidentiality

All information shared during ART SOZO sessions is confidential and will not be disclosed without written consent, except as required by law.

### 4. Informed Consent

By signing this consent form, I acknowledge and agree to participate in ART SOZO sessions, which may include the use of paints, pastels, pencils, markers, and other art materials. I understand that these creative materials are intended to facilitate personal discovery and emotional expression within the supportive and confidential environment provided by Sharon Mackenzie.

I acknowledge that I am responsible for informing Sharon Mackenzie of any allergies, sensitivities, or medical conditions that may be affected by the use of art materials. I understand that participation in these activities is voluntary, and I can withdraw from the session at any time.

## 5. Client Declaration and Signature

I have read and understood the information provided above. I consent to participate in ART SOZO sessions and the use of art materials as described.

**Name**

**Signature**

**Date**